



Reducing Cardiometabolic Risk in Asian Populations: The Power of Culturally Informed Nutrition

Objectives

- Understand cardiometabolic risks in Asians
- Learn about culturally tailored diet strategies
- Put evidence-based strategies into practice

Scan Code to Register:



[Or click here](#)

SPEAKER SERIES

TUESDAY, JULY 29TH 7-8 PM

A virtual event hosted by the VAAB Healthcare Committee.

[JOIN VIA ZOOM](#)

[Meeting ID: 915 9234 2856](#)

[Passcode: 043230](#)

Speaker:

Meet Dr. Shirley Kalwaney, MD, FACP, DipABLM, Board-Certified in Internal Medicine and Lifestyle Medicine.



Moderator: Srilekha Palle, PT, DPT, MBA,
Chair, Virginia Asian Advisory Board

VISIT OUR WEBSITE

<https://www.vaab.virginia.gov>

CONNECT WITH US

