

Reducing Cardiometabolic Risk in Asian Populations:

The Power of Culturally Informed Nutrition

SPEAKER SERIES TUESDAY, JULY 29TH 7-8 PM

A virtual event hosted by the VAAB Healthcare Committee.

JOIN VIA ZOOM

Meeting ID: 915 9234 2856

Passcode: 043230

Objectives

- Understand cardiometabolic risks in Asians
- Learn about culturally tailored diet strategies
- Put evidence-based strategies into practice

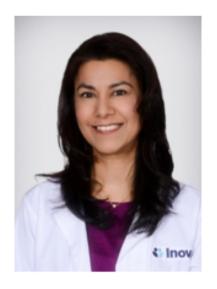
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Speaker:

Meet Dr. Shirley Kalwaney, MD, FACP, DipABLM, Board-Certified in Internal Medicine and Lifestyle Medicine.



Moderator: Srilekha Palle, PT, DPT, MBA, Chair, Virginia Asian Advisory Board

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